

WORK WELL

LIVE WELL



Project supported by the PHA

Would your organisation benefit from a FREE Health & Wellbeing Support Service?

Due to a fantastic funded initiative (supported by the Public Health Agency) your organisation may be able to avail of a free Workplace Health & Wellbeing support.

The aim of the initiative is to mentor and support businesses through a structured four stage process to improve the health, safety and well-being of their employees within the workplace setting.

This is currently year 4 and the programme has been a resounding success with over 700 business in Northern Ireland having availed with huge benefits to employee health being realised. Businesses range from large multinationals to small micro businesses.

Registration is now open for new workplaces, for a limited time only and best of all it is completely funded by the Public Health Agency.

An overview of what is provided:

- An opportunity to complete an evidence-based and employee wide health & wellbeing survey to identify areas of priority;
- A comprehensive and informative report outlining the health of employees;
- Health Champions training for a nominated individuals who will implement and lead the workplace strategy internally;
- Provision of resources such as action plan templates, guides, questionnaires and literature;
- Assistance with the development and implementation of a 3-year action plan;
- Delivery of 2 health & wellbeing sessions/initiatives your staff; &
- Assistance with the evaluation of all health & wellbeing initiatives implemented
- FREE Mental Health First Aid Training
- Networking Opportunities
- Presentation of certificate on completion of year 1

Complete a Registration of Interest Form below and your area provider will be in touch. Alternatively, please contact your area provider via email:

Western Trust area:

Sabrina Moore Health@Work NI sabrina@dhcni.com

Please complete all questions in the table below:

Is your headquarters in the Western Trust area i.e. Derry/Londonderry, Strabane, Omagh/Fermanagh or Limavady?	Yes/No
Would you be interested in support to carry out an online wellbeing survey and develop a wellbeing plan for staff?	Yes/No
Would you like FREE Workplace Health Champions training for a member/s of staff?	Yes/No
Would you like to hear more about how you can sign up to the Mental Health Charter?	Yes/No
Would you like to avail of FREE mental health training and support?	Yes/No

"Our organisation is committed to working towards improving health and wellbeing for my organisation and would like to receive support and / or information on health and wellbeing at work.

I am happy to have my details on Health@Work NI database to receive further information in relation to workplace health and wellbeing. This information will not be shared with third parties"

Signed _____ **Date** _____

Job Title _____

Email **sabrina@dhcni.com**

Registration Form

Organisation	
Address	
Postcode	
Email Address	
Contact Name/Job title	
Contact number	

Employees that are:	How many in numbers?
Female	Male
LGBT&Q	
Rural	
Migrant Workers	
Over 50's	
Travellers	
With a disability physical/mental	

How long has your organisation been in operation?

What percentage of your staff are on the minimum wage?

Give a brief description of what your organisation does?

What patterns would your employees work (please tick one)

Regular Hour
 Shift Patterns
 Both

Tick which one applies to your organisation:

Community and Voluntary
 Private
 Statutory
 Other